

USDA AND NM SCHOOL MEAL AND SNACK REGULATIONS



**CITY OF LAS CRUCES
AND
LAS CRUCES PUBLIC SCHOOLS
JOINT MEETING**

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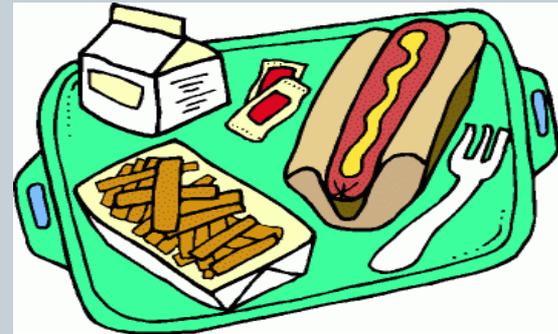
DECEMBER 8, 2015

RECENT HISTORY



- Meals Regulated since 1990s for

- Calories
- Protein
- Fat (total and saturated)
- Vitamins A and C
- Minerals Iron and Calcium

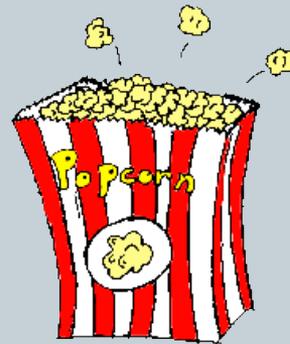


- The values were based on the requirements in the “Dietary Guidelines for Americans”

RECENT HISTORY



- First New Mexico Regulations on all food sales 2006
 - Regulated calories, fat, sugar,
 - ✦ Carbonation, Caffeine
 - Time of day foods could be sold



HEALTHY HUNGER-FREE ACT OF 2010



- Meal regulation (breakfast and lunch)
- Smart Snacks
- Minimum Job Qualifications and Professional Development



MEALS



MEALS



MEALS



SALAD BAR



SALAD BAR



SMART SNACKS



- 1ST Federal Regulations

- Calories
- Fats
- Sugars
- Sodium

- Time of Day



LCPS SNACK BARS AT LUNCH



- Entrees served that day or day before
- Outside vendor items that are sold must meet requirements
 - Example: pizza modified to meet requirements
- Low fat, low sodium, and low calorie snacks
 - Companies have reformulated to meet requirements
- Drinks
 - Milk, Juice, Water
 - Other Drinks must meet calorie requirements

LCPS SNACK BARS AT LUNCH



THANK YOU

Questions & Discussion