

6
City of Las Cruces[®]
 PEOPLE HELPING PEOPLE

Council Action and Executive Summary

Item # 1 Ordinance/Resolution# 10-085 Council District:

For Meeting of September 21, 2009
 (Adoption Date)

TITLE: A RESOLUTION TO SUPPORT THE CREATION OF A STATE-WIDE HEART DISEASE AND STROKE PREVENTION PROGRAM.

PURPOSE(S) OF ACTION: To ask the Legislature of New Mexico to support and fund an education and awareness program for the State of New Mexico.

Name of Drafter: Esther Martinez <i>EM</i>		Department: Legal/City Clerk		Phone: 541-2115	
Department	Signature	Phone	Department	Signature	Phone
Originating Department			Budget	<i>[Signature]</i>	2300
			Assistant City Manager	<i>[Signature]</i>	2271
Legal	<i>[Signature]</i>	2121	City Manager	<i>[Signature]</i>	2076

BACKGROUND / KEY ISSUES / CONTRIBUTING FACTORS:

Dave & Judy Bess from the NM Stroke Advisory Council gave a presentation at the City Council Meeting of July 6, 2009 and asked for support in the creation of a state-wide Heart Disease and Stroke Prevention Program.

SUPPORT INFORMATION:

Fund Name / Account Number	Amount of Expenditure	Budget Amount
N/A	N/A	N/A

1. Resolution.
2. New Mexico Stroke Fact Sheet – Attachment “A”.

OPTIONS / ALTERNATIVES:

1. Approve the Resolution.
2. Amend and approve the Resolution.
3. Disapprove the Resolution – The City of Las Cruces would not support the creation of a Statewide Heart Disease and Stroke Prevention Program.

RESOLUTION NO. 10-085**A RESOLUTION TO SUPPORT THE CREATION OF A STATE-WIDE HEART DISEASE AND STROKE PREVENTION PROGRAM.**

The City Council is informed that:

WHEREAS, stroke is a leading cause of serious long-term disability and the third leading cause of death in the United States, killing about 145,000 people nationwide and over 600 residents of New Mexico each year, and striking 10 residents of New Mexico *every day*; and

WHEREAS, the State of New Mexico is one of only nine states in the United States with *no* state heart disease and stroke prevention program, even though *80%* of all strokes are preventable if people manage their risk factors, and even though New Mexico has significant populations of Hispanics and Native Americans, who are at higher risk of stroke; and

WHEREAS, only one in four adults surveyed in New Mexico knew that stroke is a medical emergency and should call 911; and only one in three knew they could reduce their stroke risk or could name one of the key warning signs of stroke, such as: sudden numbness or weakness of the face, arm or leg, especially on one side of the body; sudden confusion, trouble speaking or understanding; sudden trouble seeing in one or both eyes; sudden trouble walking, dizziness, loss of balance or coordination; and sudden severe headache with no known cause; and

WHEREAS, in 2006, the most recent year for which state-wide statistics are available, *Doña Ana County had the second highest number of stroke-related deaths in all of New Mexico*:

NOW, THEREFORE, the City Council of the City of Las Cruces, New Mexico resolves as follows:

(I)

THAT we, do hereby exhort the Legislature of New Mexico to support and fund an education and awareness program for the State of New Mexico, and encourage its counties and communities to promote education and awareness of heart disease and stroke to their residents.

(II)

THAT staff is hereby authorized to do all deeds necessary in the accomplishment of the herein above.

DONE AND APPROVED this _____ day of September, 2009.

APPROVED:

Mayor

ATTEST:

City Clerk

(SEAL)

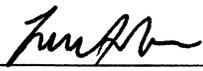
VOTE:

Moved by: _____

Mayor Miyagishima:	_____
Councillor Silva:	_____
Councillor Connor:	_____
Councillor Archuleta:	_____
Councillor Small:	_____
Councillor Jones:	_____
Councillor Thomas:	_____

Seconded by: _____

APPROVED AS TO FORM:



City Attorney

New Mexico Stroke Fact Sheet

Every day, another ten people in New Mexico will become stroke victims. Two will die and eight others will survive, often with life-altering disabilities. (1)

Up to 80% of all strokes are preventable, with control of risk factors. (5)

The incidence of stroke in New Mexico is predicted to grow twice as fast as the population in the next twenty years. (1)

Stroke is the third leading cause of death, and the leading cause of disability in the US. (1)

Treatment exists for acute ischemic stroke to reduce long-term disability, yet only 0.4% of eligible patients in New Mexico receive the treatment. (1)

A system for rapid, effective stroke treatment does not exist in New Mexico. (1)

New Mexico is tied with five other states for the *worst stroke care in the nation*. (2)

New Mexico is one of nine states in the US with **no** state heart disease and stroke prevention program. (4)

In 2007, more than 109,000 people in New Mexico reported that they had been told by a medical professional that they had had a heart attack, stroke, coronary heart disease, or angina (chest pain). That translates to over 7% of the population. (3)

In 2006, the most recent year for which state-wide statistics are available, *Dona Ana County had the second highest number of stroke-related deaths in all of New Mexico*. (3)

Given the rate of stroke deaths in 2006, and multiplied by the deaths-to-stroke-incidence rate for Dona Ana County, *there will predictably be nearly one stroke per day in Dona Ana County in 2009*. (3)

Hispanics and Native Americans living in New Mexico have a stroke incidence rate significantly higher than the national average. (1)

-
- (1) New Mexico Stroke Task Force Report to the Governor, Legislature, and Department of Health, September 22, 2004
 - (2) The Joint Commission Certification: Disease-Specific Care, November 21, 2008
 - (3) Heart Disease and Stroke in New Mexico, Facts and Figures At-A-Glance, December 2008
 - (4) Advocacy Pulse; Vol. 12, Issue 2; American Heart Association; February 2009
 - (5) National Stroke Association, Public Stroke Prevention Guidelines, 2009