

# **Senior Programs Advisory Board Update**



# City of Las Cruces®

PEOPLE HELPING PEOPLE

## Community & Cultural Services Department/Senior Programs

<b>TO:</b>	Robert Garza, City Manager
<b>FROM:</b>	David Dollahon, Community & Cultural Services Director, 
<b>SUBJECT:</b>	April 14, 2014 Work Session Senior Programs Advisory Board Update
<b>DATE:</b>	April 4, 2014
<b>FILE NO.:</b>	F#14-051

Pleddie Baker, Chairman of the Senior Programs Advisory Board (SPAB), will be presenting a brief overview of the following items to the City Council at the Work Session on Monday, April 14, 2014:

- 1) Recognition of previous SPAB members that have completed their terms;
- 2) Recent accomplishments undertaken by Senior Programs staff and board members; and
- 3) Long-term concerns from the board's perspective.

I will be introducing Ms. Sonia Saldana, Senior Programs Administrator who assumed her permanent responsibilities on March 9, 2014. Further, I will provide a brief PowerPoint presentation that outlines the Capital Needs process and projects that are administered through the State of New Mexico Aging & Long Term Services Department (ALTSD) to the benefit of Senior Programs. This will include pending projects from the 2014 Legislative Session, the overall state process for applying and receiving capital funds, and future project requests.

Please feel free to contact me if you have any questions. Thank you.

cc: Brian Denmark, Assistant City Manager/COO   
Sonia Saldana, Senior Programs Administrator

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## **SENIOR PROGRAMS ADVISORY BOARD UPDATE**

### **InnovAge – Albuquerque, NM**

Amy Pitlik, Government Relations Manager

Maria Zamora-Hughes, Director of the PACE Program for InnovAge

InnovAge will be presenting on the Program of All-Inclusive Care for the Elderly (PACE) and ways the organization could potentially serve aging Las Cruces residents. PACE provides comprehensive health services for low-income individuals age 55 and over who are sufficiently frail to be categorized as "nursing home eligible" by their state's Medicaid program. At the PACE Center, services include primary and specialty medical care, nursing, mental health and social services, therapies (occupational, physical, speech, recreation, etc.), pharmaceuticals, day health center services, home care, health-related transportation, minor modification to the home to accommodate disabilities, and anything else the program determines is medically necessary to maximize a senior's health and support them in the community.



## **An Overview of the Program of All-Inclusive Care for the Elderly (PACE)**

**Maria Zamora-Hughes, Executive Director  
InnovAge Greater New Mexico PACE**

**Amy Pitlik, Manager of Government Relations**

**Our mission is to sustain and enhance the independence and quality of life on their terms for those we serve**

We were established in 1989 as one of the original PACE pilot programs.

We also operate:

- Home health agencies
- A charitable foundation
- A senior housing company
- A care coordination company; and
- A memory care adult day program

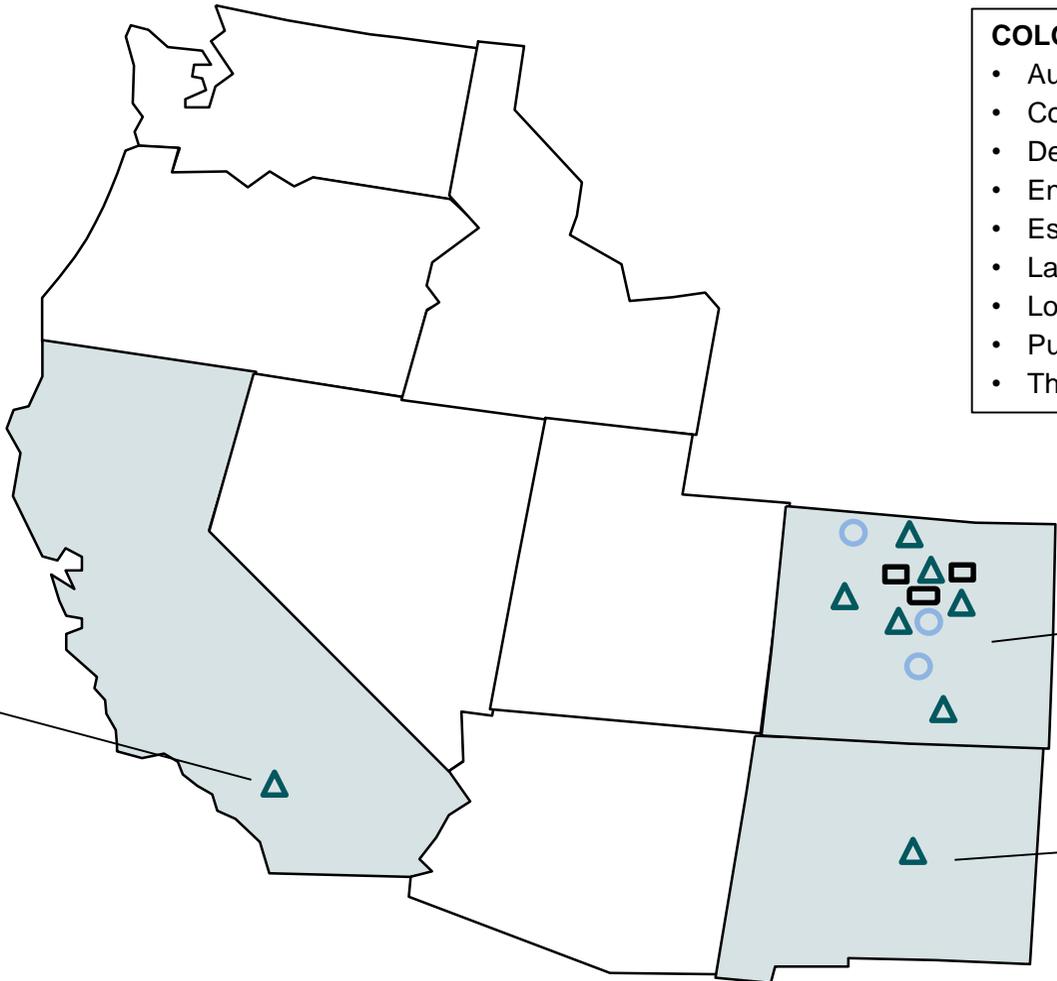
# GEOGRAPHIC PRESENCE

InnovAge Operates 12 locations in CO, 1 in CA and 1 in NM Serving a Census of Over 2,500 Members

-  PACE
-  Home Care
-  Senior Housing
-  Johnson Adult Day Program

**CALIFORNIA**

- San Bernardino - PACE



**COLORADO**

- Aurora – PACE & Sr. Housing
- Colorado Springs / Cañon City – Home Care
- Denver – PACE & Home Care
- Englewood – Johnson Adult Day Program
- Estes Park – Home Care
- Lakewood - PACE
- Loveland - PACE
- Pueblo - PACE
- Thornton – PACE & Sr. Housing

**NEW MEXICO**

- Albuquerque - PACE

# *InnovAge PACE – New Mexico*

- **We are the second largest PACE program in the country, serving about 2,500 seniors (out of 99 PACE companies in the US serving about 30,000 PACE participants).**
- **We operate a PACE program in Albuquerque, New Mexico, serving 400 seniors.**
- **The program has a waiting list of approximately 200 participants.**
- **Efforts to expand are underway.**
- **Other services**

# *What is PACE?*

- **A health care model with the mission to help frail seniors live with dignity in their communities**
- **Began in Chinatown area of San Francisco (On Lok program) in 1971**
- **Became a federally designated provider type in 1997**
- **Provides a coordinated, comprehensive service package that integrates primary, acute & long-term care services through an individualized plan of care developed and managed by an interdisciplinary team**
- **Provides respite and support for caregivers**
- **Provides all Medicare & Medicaid services *plus* community long-term care services (and other services)**
- **Integrates funding**
- **Has no benefit limitations and no co-pays**

**To enroll in PACE, participants must be:**

- **55 years of age or older**
- **Living in a State-assigned PACE service area**
- **Certified as meeting State's criteria for nursing-facility level of care by the county single entry point**
- **Able to be served safely in their community**
- **Majority of participants are low income**

# *The PACE Adult Day Center*

**The PACE center is the focal point of the program:**

- **Transportation is provided to and from the PACE center (and to specialist appointments)**
- **Participants engage in social activities**
- **Meals are served, including breakfast, lunch and sack meal sent home for dinner, if needed**
- **Clinical oversight, including primary care, is provided (<1:200 MD/client ratio)**
- **Physical, Occupational and other therapies are provided**
- **Specialist services are coordinated or provided**
- **Dental care, vision, hearing and podiatry services are provided**
- **All drugs, supplies and equipment are included and delivered to the participant**

- **The PACE center houses a full interdisciplinary team (primary care physician, nurse, social worker, PT, OT, speech, dietician, recreational therapist, home care, personal care, transportation)**
- **Allows all disciplines to observe the participant**
- **Continuous process of assessment, treatment planning, service provision and monitoring**
- **Focuses on primary and secondary care and prevention of institutionalization**

# *Features of the PACE Model*

- **Publicly funded: Pooled, capitated financing from Medicare and Medicaid. PACE Programs receive approximately 2/3 of their revenue from Medicaid and 1/3 from Medicare. Part D prescription drug benefit is also included.**
- **PACE exists as a three-way agreement between the PACE “provider”, the Centers for Medicare and Medicaid Services (CMS), and the State Medicaid agency.**
- **PACE providers are fully capitated and “at-risk” for all health-related costs and services.**

# *Characteristics of PACE Clients*

- **Average age of a participant is 80 years old**
- **Median life expectancy of about 2 ½ years**
- **Eligible for both Medicare and Medicaid**
- **PACE clients are all eligible for nursing home placement, the most expensive Medicaid category**
- **Clients are all in the most expensive Medicare category**

# *Cost Savings of PACE Programs*

- **PACE programs save Medicare over 26% compared to a fee-for-service population in the last 2 years of life.**
- **PACE programs save Medicare over 65% compared to a fee-for-service population in the last 6 months of life.**
- **InnovAge is funding a research project with Duke University, Dartmouth College, University of Pennsylvania and University of South Carolina to evaluate PACE cost effectiveness for publication in 2014.**

- **New Medicaid managed care demonstration programs make the role of PACE uncertain in States**
- **PACE programs are often too small to be seen as a solution to long-term care reform (and are sometimes capped)**
- **PACE programs are very expensive to develop (often in excess of \$10 million upfront) and delays are costly**
- **The application process often takes years**

# Contact us

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